AMITY HIGH SCHOOL SPORTS	LEVELS		SEASON	
BASEBALL	VARSITY	J.V.	FRESHMAN	SPRING
BOYS BASKETBALL	VARSITY	J.V.	FRESHMAN	WINTER
GIRLS BASKETBALL	VARSITY	J.V.	FRESHMAN	WINTER
DANCE/SPIRIT	VARSITY	J.V.		FALL / WINTER
BOYS CROSS COUNTRY	VARSITY	J.V.		FALL
GIRLS CROSS COUNTRY	VARSITY	J.V.		FALL
FIELD HOCKEY	VARSITY	J.V.	FRESHMAN	FALL
FOOTBALL	VARSITY	J.V.	FRESHMAN	FALL
GOLF	VARSITY			SPRING
ICE HOCKEY	VARSITY			WINTER
GIRLS ICE HOCKEY	VARSITY			WINTER
BOYS INDOOR TRACK	VARSITY	J.V.		WINTER
GIRLS INDOOR TRACK	VARSITY	J.V.		WINTER
BOYS LACROSSE	VARSITY	J.V.	FRESHMAN	SPRING
GIRLS LACROSSE	VARSITY	J.V.	FRESHMAN	SPRING
BOYS SKI RACING	VARSITY			WINTER
GIRLS SKI RACING	VARSITY			WINTER
BOYS SOCCER	VARSITY	J.V.	FRESHMAN	FALL
GIRLS SOCCER	VARSITY	J.V.	FRESHMAN	FALL
SOFTBALL	VARSITY	J.V.	FRESHMAN	SPRING
BOYS SWIMMING	VARSITY			WINTER
GIRLS SWIMMING	VARSITY			FALL
BOYS TENNIS	VARSITY			SPRING
GIRLS TENNIS	VARSITY			SPRING
BOYS TRACK	VARSITY	J.V.		SPRING
GIRLS TRACK	VARSITY	J.V.		SPRING
BOYS VOLLEYBALL	VARSITY	J.V.		SPRING
GIRLS VOLLEYBALL	VARSITY	J.V.	FRESHMAN	FALL
WRESTLING	VARSITY	J.V.		WINTER
MIDDLE SCHOOL SPORTS				
BASEBALL				SPRING
BOYS BASKETBALL				WINTER
				WINTER
GIRLS BASKETBALL				WINIER

Amity Regional School District Teams and Levels of Competition

DANCE / SPIRIT	WINTER
CROSS COUNTRY	FALL
BOYS SOCCER	FALL
GIRLS SOCCER	FALL
SOFTBALL	SPRING
BOYS TRACK & FIELD	SPRING
GIRLS TRACK & FIELD	SPRING
GIRLS VOLLEYBALL	FALL