

AMITY REGIONAL SCHOOL DISTRICT NO. 5
*BETHANY * ORANGE * WOODBRIDGE*
25 Newton Road, Woodbridge, CT 06525



Charles S. Dumais
Superintendent of Schools

Marie McPadden
Dir. of Curriculum
& Staff Development

Mary Raiola
Director of
Pupil Services

Terry Lumas
Dir. of Finance
& Administration

James Saisa
Director of
Facilities

Ernest Goodwin
Director of Athletics

August 2018

Dear Amity School District Family:

In order to protect the health and safety of our students, we are forced to recognize a growing problem in our community. Specifically, the practice of health care providers filling out school and sports participation forms for their own relatives, neighbors or friends.

While we are aware that many of our students' parents (and relatives, friends, etc.) are qualified physicians, it is the belief of the New Haven medical community that routine medical clearance has serious public health and individual health implications for the student. As always, we encourage all physicals (and acute medical care) to be done through the patient's medical, i.e., the patient's primary care provider (MD, DO, APRN, PA-C).

Patients are encouraged to seek care from the Primary Care Provider (PCP) first. The use of Urgent Care centers is a last resort and is not encouraged by the school district. We will not permit parental clearance for an athlete's sports physical—even if the parent is a licensed, qualified physician. As in the past, we will not accept an obviously fraudulent physical form. Unstamped, forged, or tampered forms will be handed back to the parents for proper completion. Only fully completed forms, signed by any non-parent, licensed clinician, will be accepted.

We are sure you understand that this measure is intended only to protect the best interests of your child, and we would be happy to discuss this policy with you in more detail should you have further questions.

Sincerely,

Amity Medical Advisors:

Greg Germain, M.D. and David Cohen, M.D.