"The most certain way to succeed is always to try just one more time." ~Thomas A. Edison

Today marks the end of the first quarter for the 2019-2020 school year and, for many of our senior students, the first major deadline in the college admissions process. While the past few weeks have been stressful for many members of the Amity Regional High School Community, it is also an opportunity to reflect on the work that has been accomplished during the first few months of school. We have had a strong academic year thus far, with a variety of programs, projects and activities that have been intentionally planned to support the academic, social and emotional needs of all students in the school. We will release finalized grades/report cards next week, which will offer families an opportunity to review progress made thus far. As a reminder, students are given feedback through their letter grades (academic average during the first marking period) as well as through various comment codes and the learning expectations. For the first marking period, all students will see feedback specific to the social and civic school-wide learning expectations. The academic learning expectations—along with social and civic—will be reported at the end of the semester. Please remember to set clocks back as we say goodbye to daylight savings time this weekend and that Tuesday is a district-wide professional learning day for all faculty and staff; students do not have school. Have a wonderful weekend!

Sincerely,

Anna N. Mahon

Principal

College and Career of the Week: This week's college is LaSalle University and the career of the week is Nutritionist. LaSalle University is located in Philadelphia, PA, approximately 180 miles from the BOW area. The university has 3,300 undergraduate students enrolled and offers 42 majors, the most popular are nursing, speech pathology, business, psychology, nutrition. (LaSalle's nursing students have a 96% pass rate on the NCLEX-RN licensure exam.) The estimated cost of attendance is approximately \$45,000 per year. LaSalle was voted by Money Magazine as one of the "Best Colleges for the Money" in 2018. Learn more by visiting their website. "Dietitians and nutritionists advise people on what to eat in order to lead a healthy lifestyle or achieve a specific health-related goal." (Bureau of Labor Statistics, 2018). As research proves the relationship between diet and the prevention of disease, nutritionists are needed to advise those who require assistance in reaching their health goals. Faster than average job growth is expected (11%) in the career through 2028 and the average salary is \$ 60,370 (BLS, 2018). For more information, please visit the American Dietetic Association or the Academy of Nutrition and Dietetics.

Happenings and Information

Election Day Professional Learning: Tuesday, November 5, is a professional development day for the entire Amity Regional School District #5. There will be no school for students.

First Marking Period & Report Cards: The first marking period ends today, November 1. Teachers will be entering final MP1 grades in PowerSchool. Please note that the parent and student PowerSchool portal will remain open but grades may not be finalized for the first marking period until Friday, November 8. Parents and students will receive an emailed report card on the afternoon of November 8.

Parent/Teacher/Student Conferences: Conferences will be held on Thursday, November 14 and Wednesday, November 20 between 5:00 PM and 7:30 PM and on Wednesday, December 4 between 12:45 PM and 3:15 PM. Information about scheduling conferences using our computerized, on-line, scheduling system will be emailed to all parents by Wednesday, November 8.

Attention Juniors and Seniors: We are accepting applications for the Gateway Community College High School Partnership Program. This program allows high school juniors and seniors to take a course for credit at Gateway for free. Courses begin January 22nd. Students must have transportation to and from Gateway and attend the orientation program in January at Gateway. This program is limited to 10 students. Interested students should fill out the application via this <u>Google Doc</u> by November 11th to be considered.

Yale College Partnership: Amity juniors and seniors may enroll in one undergraduate course at Yale University as part of the Yale-New Haven/Area High School partnership program. Students who would like to be considered for this program must meet **with** Mrs. LaPlante on Wednesday, November 20th at 2:30 in the Career Center for more information.

Attention Sophomores: ARHS will sponsor one sophomore student to attend the annual Hugh O'Brian Youth Leadership (HOBY) Seminar to be held from **May 29-May 31, 2020** at **Southern Connecticut State University**. Students spend the time engaging in leadership development activities, collaborating with like-minded students from throughout the state, and exploring leadership from three perspectives: individual, group, and society. For more information about HOBY, please visit this <u>site</u>. Interested students should see their counselor. Applications are due by Friday, November 22, 2019. Please be aware that the selected student is required to stay overnight at the location of the event under the supervision of HOBY for the entire duration of the event.

Homecoming Tickets: Tickets for the 2019 Homecoming, which will be held on Friday, November 22nd, are on sale directly through MyPaymentsPlus. Tickets are \$15 and will be on sale now through November 21st.

Class T-shirts - This year, class shirts will be purchased through MyPaymentsPlus! To fill out sizing and/or style requests, please go to Unified Classroom, QuickLinks, Portal

Login Page, then E-collect Forms, and the form is under each class name, e.g. Class of 2020. After filling this out, the payment will be processed through MyPaymentsPlus within 24 hours. Thank you for your support for our classes!

Fifth Annual Yearbook Grad Ad Design Night: Interested in purchasing a grad ad? Not sure where to begin? Join us for our fifth annual *Embers* Grad Ad Design Night this Wednesday, November 6th from 4-7 p.m. in the ARHS library computer lab. Take care of everything at once—complete all the paperwork, pay (cash or check), scan your photos, sit down with a yearbook staff member to craft the perfect dedication for your graduating senior, and approve it right on the spot. Appointments are not necessary. Visit the yearbook website at amityembers.com for more information and to check out samples of ads from previous yearbooks.

Senior Happenings

Attention seniors-first quarter grades: If you would like first quarter grades to be sent to colleges, you must fill out a Google form. We will plan to send out first quarter beginning the week of November 18th, according to the college deadlines. Please use this Google doc. If you need grades sent to more than 10 schools, please fill out the form multiple times.

DIRECT ADMISSION DAYS at AMITY HIGH SCHOOL: Some local colleges will soon be visiting with our seniors for on-site admission appointments. *In order to participate, seniors should have already submitted their application to the college at least one week before Amity's scheduled event.* Please understand that financial aid information will NOT be available at these meetings and will be sent to you at a later time.

Seniors must make an appointment in the CAREER CENTER in order to participate.

The following colleges are currently scheduled:

University of New Haven Tuesday, December 3rd

Albertus Magnus College Wednesday, December 4th

JUST ADDED! Sacred Heart University* Monday, December 9th

*FOR ADMISSIONS INTERVIEWS ONLY

Quinnipiac University** Tuesday, December 10th

**NO instant decisions for Health Sciences or Nursing majors

Central CT State University Thursday, December 12th

Western CT State University Tuesday, December 17th

<u>Listing of participating colleges is here.</u>

Local University Campus Fall Open House Information: The **UConn Waterbury Campus** is launching the **Allied Health Sciences** major at their campus as a four-year degree program starting the Fall 2020. This major pairs perfectly with the Certificate of Entry into Nursing offered by the School of Nursing as a 1-year post-baccalaureate program at the UConn Waterbury campus. Interested students should attend the upcoming Fall Information Session on Saturday, November 2, 2019 from 10:00am-12:00pm. Please register here. **Southern Connecticut State**University Open House-Saturday, November 2, 2019-1:30pm-4:30pm. Please register here.

College Visits: Each week, throughout the fall season, Amity High School hosts representatives from many colleges throughout the country. These representatives are available to share information with juniors and seniors about their institutions and to discuss the admissions process. Counselors will attend these sessions and take notes on the discussion. Notes will be posted on Naviance under each individual college name under "Counselor Comments for Students." A list of schools visiting can be found on Naviance and in our weekly Happenings. **A student must register on Naviance and obtain a pass from the Career Center.** Students are provided excused absences from class to meet with representatives. Please click here for list of colleges coming next.

Notes from Counseling Department

Apprenticeship Info Session Offered: Keri Lamontagne from **the CT Dept. of Labor Office of Apprenticeship Training** will be speaking in the Career Center during period 2 (8:30-9:30am) on November 12, 2019 to discuss the manufacturing preapprenticeship program, certificate and other apprenticeship career opportunities post-secondary graduation. If interested in attending this informational session, please stop by the Career Center to obtain a pass.

The <u>ASVAB test</u> will be given at Amity on Thursday, November 14th from 8:30am until 11:00am. Any student in grades 10, 11 or 12 is welcome to take the test. The ASVAB or "Armed Services Vocational Aptitude Battery" is an online, multiple-choice test that helps students identify career strengths. **Students may register to take the test by signing up in the Career Center.** While the US military branches all use the ASVAB as an admissions exam, students do NOT have to be interested in military careers to take the test. **Taking the ASVAB does not obligate students to**

enlist! Please <u>visit this link</u> for more information. **Volunteer Opportunities in the Community:**

*Elementary School Drama Clubs! Both Turkey Hill School, Orange, CT and Bethany Community School, Bethany, CT are seeking Amity High School students for their Drama Clubs. Turkey Hill School meets on Tuesdays from 3:00 p.m.-4:30 p.m. and Bethany Community School meets on Wednesdays from 3:15 p.m.-4:30 p.m. Please email deborahsansone@gmail.com

*As a reminder, all community service hours must be logged in PowerSchool by the student under "ECollect Forms" first, and then signed community service forms should be handed into the Career Center.

Athletics

Athletic Department Website: For all information regarding practice and athletic schedules for fall sports, please refer to the athletic department's website here.

For a copy of next week's competition schedule, please click <u>here</u>.

For a copy of this past week's competition results, please click <u>here</u>.

Community Happenings

News from Woodbridge Human Services:

- Woodbridge Job Bank Accepting New Members/Offers Help to Residents: Woodbridge residents between the ages of 14 and 18 are eligible to join the Job Bank to earn some money and help residents with housework, yardwork, babysitting, or tutoring. Sign up for your interview before the leaves start falling. Contact Nancy Pfund at npfund@woodbridgect.org or call 203-389-3429 for an application and permission form and to schedule an interview. Woodbridge residents may call 203-389-3429 to hire Job Bank members to get some help with garden work, raking, housework, babysitting or party assistance.
- **Thanksgiving & Sharing** While many of us enjoy the season with an abundance of food, there are local families who rely on assistance to make ends meet. We are humbled each year as the Boy Scouts from Troops 63 and Troop 907 collect food for the Woodbridge food pan-try. We are also grateful to the schools, donors, and volunteers who make our programs possible.
- Volunteers are now needed to sort and shelve food. Students can earn community service hours. Call 203-389-3429 or email npfund@woodbridgect.org to help.

- **Adopt a Family Pro-gram** offers holiday meal baskets to Woodbridge families in need. Please call 203-389-3429 if you would like to provide a basket or financial assistance.
- **Toys 4 Kids**Toys may be donated for TEAM at the Woodbridge Library between November 13 and December 13 to make a child's holiday a little brighter. Income eligible Woodbridge residents in need of toys for children ages 12 and under should call Youth Services at 203-389-3429 for assistance. Applications are accepted through December 13.