#### ARHS COMMUNITY HAPPENINGS NEWSLETTER



"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward." –Dr. Martin Luther King Jr.

This weekend, our nation honors the great leader and civil rights advocate Dr. Martin Luther King, Jr. Dr. King set an amazing example not only in his work for equality, inclusion, and justice, but also through his demonstration of the importance of perseverance to lead a fulfilling life. Our students, faculty, and staff have worked throughout this first semester to reacclimate to and reinvest in our full school community throughout this first semester. This has taken focus and effort on many fronts: academically, socially, interpersonally, and programmatically. Next week we will conclude 1st semester and begin our midterm exam period, the first exam period held at ARHS in two years. While there have been myriad changes over those two years to our local and national landscapes, one thing remains constant: Amity educators' investment in the growth and wellbeing of our students. There is a variety of supports for students to prepare for midterms, including extra-help with teachers, working with interventionists, creating study plans with counselors, or accessing a peer tutor. We will continue to work together to support our students, reflect on our programming, and work to be the best high school community we can be. Have a good weekend.

Sincerely,

Anna N. Mahon

**Principal** 

College/Career of the Week: The Albany College of Pharmacy and Health Sciences is located in Albany, New York, approximately 125 miles from the BOWA area. Founded in 1881, ACP currently enrolls about 800 undergraduate students with bachelor's degree programs in health-related science fields, pre-professional programs, and a Doctor of Pharmacy degree program to entering freshmen that concludes in only 6 years. In addition, there are many affiliation agreements available with other institutions. Undergrads at ACP can enjoy many extracurricular activities such as clubs, intramural sports and 8 USCAA D-2 athletic teams that compete in the Yankee Small College Conference. Annual tuition, room and board is \$48,855.00 (2021-

2022). For more information, please visit ACP's <u>admissions</u> website, check out a <u>quick video</u> or register for an upcoming <u>virtual information session</u>. "<u>Epidemiologists</u> are public health workers who investigate patterns and causes of disease and injury", (Bureau of Labor Statistics, 2020). <u>Epidemiologists</u> are scientists who monitor infectious diseases, bioterrorism issues and any other public health concerns. Most work in government health departments, hospitals, or other laboratories. A master's degree in Public Health is usually required for entry level jobs in the field and many go on to earn a PhD in epidemiology or medicine. The median salary is \$74,560 and *much faster than average job growth is expected (30%) through 2030* (BLS, 2020). For more information, please visit the following websites: the <u>American Public Health Association</u>, the <u>Association for Professionals in Infection Control and Epidemiology</u>, and the <u>International Epidemiological Association</u>.

Some schools that have public health/allied health programs include:

Albany Coll of Pharm & Health University of Connecticut Southern CT State Univ Mass Coll of Pharmacy & Health Rutgers University UMASS/Amherst Ithaca College Sacred Heart University Univ of Rhode Island **SUNY/Stony Brook** Monmouth University **Drexel University** Adelphi University Regis College **Bridgewater State Univ** CUNY/York College New York Inst of Tech SUNY/Downstate Med Ctr

Or search in Naviance for more choices!

## **Happenings and Information**

**End of 2<sup>nd</sup> Marking Period/Midterm Exams**: As a reminder, the high school will wrap up the second marking period on Wednesday, January 19<sup>th</sup> and host midterm exams from January 20<sup>th</sup>-25<sup>th</sup>. Please see the updated schedule <u>here</u>. As a reminder, we will follow an early-dismissal bus schedule during the exam period.

**Report Cards and February Parent-Teacher Conferences:** Second marking period/midterm exam report cards will be released the week of January 31<sup>st</sup>. Parent-Teacher conferences will take place on February 2<sup>nd</sup>. The signup for conferences will, once again, be completed through "forms" on PowerSchool. Instructions regarding signups for conferences will be sent via SwiftK12 next week.

**Makeup Exam Sessions**: Makeup exam sessions will be held after school from 2:30-4:30 during the first few weeks of the 2<sup>nd</sup> semester on Tuesdays, Wednesdays, and Thursdays for students who were absent due to an unforeseen/unanticipated reason during the midterm exam session. Makeup exams should be arranged with the student's teacher and may necessitate the involvement of the assigned associate principal. Please note students are expected to follow their regularly scheduled midterm exam assignments.

**Meals During Exams**: Pre-ordered lunches will be available during the midterm exam session. Information was sent this morning regarding how to sign up. Please note: the form is available using the student's login to PowerSchool.

**Attention Parents/Guardians of Juniors**: A recording of Post-Secondary Planning Night for the Class of 2023 has been posted to the Counseling Dept. Website as well as the Google Counseling Classroom for the Class of 2023. Please click here to find it.

### **Senior Happenings**

**Attention Seniors! Scholarship Season has begun!** Naviance is only one of the many resources for researching scholarships. The College and Career Center posts local and national scholarships on Naviance throughout the school year. Students can navigate through these scholarships in Naviance under the college tab. Scholarships can also be found on our school website <a href="here">here</a>. Additional merit based and need based scholarships may be available by checking with the individual college/university or additional websites like <a href="this one">this one</a>. If you need help navigating scholarships or with the process of applying, please see Mrs. Vallie in the Career Center.

**Attention Seniors!** If you are interested in participating in either the **SSLP** (the "internship program), OR the **SIP**, you MUST first **attend a mandatory workshop**. The workshops cover the details of each program. Click on the following links to register for a workshop.

REGISTER HERE for the SSLP (Senior Service-Learning Program) WORKSHOP

REGISTER HERE for the SIP (Senior Interest Project) WORKSHOP

# **Notes from Counseling Department**

SAVE THE DATE! The New Haven Mineral Club is presenting their 47<sup>th</sup> annual show at the Amity Middle School, 100 Ohman Avenue in Orange. The fair will take place on Saturday, April 2, 2022 from 9:30am-5pm and Sunday, April 3, 2022 from 10am-4:30pm. Learn about minerals, fossils, gems, jewelry and find unique gifts. Admission is \$6.00 and children under 12 are free when accompanied by an adult. For more information, please visit this <a href="link.">link</a>.

**Interested in exploring the trades?** The **Bristol Technical Education Center** offers students six different Career and Technical Education Programs. Each program has a specific program of study that outlines all academic and technical coursework required of each student. Click <a href="here">here</a> to learn more about the courses offered to 11<sup>th</sup> and 12<sup>th</sup> grade high school and adult students. For those interested in the Bristol Technical Educational Center, the CT Aero Tech School for Aviation Maintenance Technicians and

the Stratford School for Aviation Maintenance please visit their "Virtual Open House" which is offered <a href="here">here</a>. Take the first step to pursue a unique technical education!

**All STUDENTS** - need help with academics? Work with a peer tutor for extra help. Either stop into the Career Center after school on Tuesdays or Thursdays OR fill out the <u>form HERE</u> for one-to-one tutoring assistance at other times. See Mrs. Staak or Mrs. Cocco in the Counseling Office if you have any questions.

**Start Your Path To Become An EMT! Members of the Bethany Volunteer Ambulance Corps.** will be offering the **Karen R. White Memorial Training Program**, which will host an **EMT-Basic Training Initial Certification Course**. If you would like more information on the upcoming Winter Course Program being held at the Bethany Fire Dept., please click <a href="here">here</a>. To learn more about the recruitment info session and open house click <a href=here</a>.

**Career Opportunities:** Are you interested in Architecture, Engineering or Construction careers? If so, check out a FREE mentoring program called "ACE" where students can explore these career areas, work with professionals in the field and possibly win scholarships. Go to this link to learn more.

For High School Juniors (Rising Seniors): The Mercy College Business Honors Program is hosting a Summer Leadership Academy in July 2022 for high achieving Juniors/Rising Seniors (graduating 2023). There are THREE separate weeklong experiences – CHOOSE ONE! If you are interested in a live-in, week-long college experience, please fill out a quick form-CLICK HERE - Summer Leadership Academy 2022 – Bottom Link will direct you to our website and more information! LA Application 2022 (jotform.com)

# **Important Reminders**

**ARHS Academic Interventionists Are Here to Help!** As a reminder, the high school staff includes 3 academic interventionists in the areas of science, math, and writing, as well as an interventionist who oversees our testing center. Please encourage your child to seek help by reaching out via email to set up an appropriate time to meet.

Margaret Ardwin-science Margaret.ardwin@amityregion5.org

Mary Cassidy-math <u>mary.cassidey@amityregion5.org</u>

Mary DiBenedetto-writing/reading mary.dibenedetto@amityregion5.org

Elizabeth Heiss-testing ctr <u>Elizabeth.heiss@amityregion5.org</u>

Reminder for Students and After School: As a reminder, students are only allowed to remain in the school building after 2:18 for an official school program (club

meeting, extra help, athletics, etc.). Late buses and most activities (with the exception of athletics/musical rehearsal) only take place on Tuesdays, Wednesdays, and Thursdays. Students are not allowed to loiter on campus after the school day has ended. Once the activity has concluded, students are expected to report to the front of the building near the security vestibule to wait for the late bus/to be picked. If you have questions, please contact the main office.

### **Athletics**

**Winter Sports:** Winter sports are here! For information or if you have any questions, please contact the athletic department or view the website <a href="here">here</a>.

## **Community Happenings**

**Children's March and Bell Ringing Ceremony:** In honor and celebration of Dr. Martin Luther King, Jr., The State of Connecticut Commission on Human Rights and Opportunities is holding a unity celebration at 1:00 p.m. on Monday, January 17, 2022 at St. Peter's Episcopal Church in Cheshire, CT. This march for unity, peace, and hope is to celebrate the power of youth to make a difference. All are welcome to attend this socially distanced event.

**Senator Murphy Dr. MLK Essay Contest:** Elementary, middle, and high school students from across Connecticut are invited to help honor the legacy of Martin Luther King Jr. by submitting essays that reflect on Dr. King's dream, their own aspirations, and the importance of what Dr. King means to them. Please see this <u>flyer</u> for more information.

**Attention Local Employers**: If you are interested in hiring a high school student or would like to post a part-time position, please contact the College & Career Center (203-397-4836) or email Paula Vallie at <a href="mailto:paula.vallie@amityregion5.org">paula.vallie@amityregion5.org</a>. Jobs must conform to the State of Connecticut regulations regarding the employment of minors.

