

TO: Parents / Guardians of Students Grades 9-12 (2009-10)

FROM: Paul D. Mengold, Director of Athletics

DATE July 1, 2009

AMITY HIGH SCHOOL **WINTER** ATHLETIC TEAMS WILL BEGIN **2009-10**  
PRACTICE / TRY OUTS ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
BOYS BASKETBALL	MON.	NOV. 30	5:30 P.M.	MAIN GYM
FRESH. BOYS BASKETBALL	MON.	NOV. 30	5:30 P.M.	MAIN GYM
GIRLS BASKETBALL	MON.	NOV.23	2:30 P.M.	MAIN GYM
FRESH. GIRLS BASKETBALL	MON.	NOV.23	2:30 P.M.	MAIN GYM
BOYS ICE HOCKEY	MON.	NOV. 30	5:30 P.M.	BENNETT RINK (W.H.)
GIRLS ICE HOCKEY	MON.	NOV. 30	5:30 P.M.	NORTHFORD RINK (N.B.)
BOYS INDOOR TRACK	MON.	NOV. 30	2:30 P.M.	MAIN GYM
GIRLS INDOOR TRACK	MON.	NOV. 30	2:30 P.M.	MAIN GYM
BOYS SWIMMING	MON.	NOV. 30	7:00 P.M.	ORANGE POOL
WRESTLING	MON.	NOV. 30	5:30 P.M.	MAIN GYM

STUDENT-ATHLETE HANDBOOKS WITH THE NECESSARY FORMS ARE  
AVAILABLE FROM THE AMITY WEB PAGE AT  
**[www.amityregion5.org](http://www.amityregion5.org)** on the Athletics Link.

- \*\*\* ALL STUDENT-ATHLETES MUST HAVE COMPLETED THE FOLLOWING FORMS  
PRIOR TO THE ABOVE DATES TO PARTICIPATE.  
FORM #1 (2 Pages) – PERMISSION TO PARTICIPATE AND TRAVEL  
FORM #2 – EMERGENCY DATA INFORMATION  
FORM #3 – ELIGIBILITY INFORMATION  
FORM #4 – MEDICAL PERMISSION TO PARTICIPATE **SIGNED BY THE NURSE.**

- \*\*\* PHYSICAL EXAMINATIONS **MUST BE DATED** AFTER  
**MARCH 15, 2009** TO BE CONSIDERED VALID FOR THE WINTER SEASON

TO: Parents / Guardians of Students Grades 7-8 (2009-10)

FROM: Paul D. Mengold, Director of Athletics

DATE: July 1, 2009

AMITY MIDDLE SCHOOL **WINTER** ATHLETIC TEAMS WILL BEGIN **2009-10**  
PRACTICE / TRY OUTS ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
BOYS BASKETBALL	MON.	NOV. 23	2:30 P.M.	GYM
GIRLS BASKETBALL	MON.	NOV. 23	2:30 P.M.	GYM
CHEERLEADING	MON.	NOV. 23	2:30 P.M.	GYM

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IN ORDER TO BE CONSIDERED VALID FOR THE WINTER SEASON.