

TO: Parents / Guardians of Students Grades 9-12 (2009-2010)

FROM: Paul Mengold

DATE: March 1, 2010

AMITY HIGH SCHOOL **SPRING** ATHLETIC TEAMS WILL BEGIN
2010 PRACTICE / TRY OUTS ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
BASEBALL (Pitchers)	MON.	MAR. 15	4:00 P.M.	MAIN GYM
BASEBALL (Positions)	MON.	MAR. 22	4:00 P.M.	BASEBALL FIELD
GOLF	MON.	MAR. 22	3:00 P.M.	FOUR SEASONS (Woodbridge)
BOYS LACROSSE	MON.	MAR. 22	3:30 P.M.	AMITY H.S.
GIRLS LACROSSE	MON.	MAR. 22	2:30 P.M.	AMITY H.S.
SOFTBALL	MON.	MAR. 22	8:30 A.M.	SOFTBALL FIELD
BOYS TENNIS	MON.	MAR. 22	11:00 A.M.	TENNIS COURTS
GIRLS TENNIS	MON.	MAR. 22	1:00 P.M.	TENNIS COURTS
BOYS TRACK	TUES.	MAR. 23	2:30 P.M.	TRACK
GIRLS TRACK	TUES.	MAR. 23	2:30 P.M.	TRACK
BOYS VOLLEYBALL	MON.	MAR. 22	2:30 P.M.	MAIN GYM

STUDENT-ATHLETE HANDBOOKS WITH THE NECESSARY FORMS ARE
AVAILABLE FROM THE AMITY WEB PAGE AT www.amityregion5.org on the Athletics Link.

*** ALL STUDENT-ATHLETES MUST HAVE COMPLETED THE FOLLOWING FORMS
PRIOR TO THE ABOVE DATES TO PARTICIPATE:

FORM #1 (2 Pages) – PERMISSION TO PARTICIPATE AND TRAVEL

FORM #2 – EMERGENCY DATA INFORMATION

FORM #3 – ELIGIBILITY INFORMATION

FORM #4 – MEDICAL PERMISSION TO PARTICIPATE **SIGNED BY THE NURSE.**

*** PHYSICAL EXAMINATIONS **MUST BE DATED** AFTER:

JUNE 15, 2009 TO BE CONSIDERED VALID FOR THE SPRING SEASON

TO: Parents / Guardians of Students Grades 7-8 (2009-2010)

FROM: Paul D. Mengold, Director of Athletics

DATE: July 1, 2009

AMITY MIDDLE SCHOOL **SPRING** ATHLETIC TEAMS WILL BEGIN **2010**
PRACTICE / TRY OUTS ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
BASEBALL	MON.	MAR. 22	3:00 P.M.	AMITY M.S. FIELD
SOFTBALL	MON.	MAR. 22	3:00 P.M.	AMITY M.S. FIELD
TRACK	MON.	MAR. 22	3:00 P.M.	AMITY M.S. FIELD

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