

TO: Parents / Guardians of Students Grades 9-12 (2009/2010)

FROM: Paul D. Mengold  
Director of Athletics

DATE: June 10, 2009

AMITY HIGH SCHOOL FALL ATHLETIC TEAMS WILL BEGIN 2009 PRACTICE / TRY OUTS ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
FOOTBALL	MON.	AUG. 24	4:00 P.M.	FIELD HOUSE
FRESH. FOOTBALL	MON.	AUG. 24	4:00 P.M.	FIELD HOUSE
CHEERLEADING	MON.	AUG. 24	5:30 P.M.	AMITY H.S. GYM
CROSS-COUNTRY	SAT.	AUG. 29	8:00 A.M.	AMITY H.S. CAFE
FIELD HOCKEY	SAT.	AUG. 29	8:30 A.M.	AMITY H.S. FIELD
BOYS SOCCER	SAT .	AUG. 29	8:30 A.M.	AMITY H.S. FIELD
GIRLS SOCCER	SAT.	AUG. 29	8:00 A.M.	CENTER FIELD- (Woodbridge)
GIRLS SWIMMING	MON.	AUG. 31	3:30 P.M.	ORANGE POOL
VOLLEYBALL, G.	SAT.	AUG. 29	8:00 A.M.	AMITY H.S. GYM

STUDENT-ATHLETE HANDBOOKS WITH THE NECESSARY FORMS ARE AVAILABLE FROM THE AMITY WEB PAGE AT [www.amityregion5.org](http://www.amityregion5.org) on the Athletics Link.

\*\*\* ALL STUDENT-ATHLETES MUST HAVE A COMPLETED *PERMISSION FORM*, *EMERGENCY DATA FORM* AND *VALID PHYSICAL EXAMINATION* PRIOR TO THE ABOVE DATES TO PARTICIPATE.

\*\*\* PHYSICAL EXAMINATIONS *MUST BE DATED* AFTER *NOVEMBER 30, 2008* TO BE CONSIDERED VALID FOR THIS FALL SEASON.

TO: Parents / Guardians of Students Grades 7-8 (2009-10)

FROM: Paul D. Mengold  
Director of Athletics

DATE: July 1, 2009

AMITY MIDDLE SCHOOL FALL ATHLETIC TEAMS WILL BEGIN 2009  
PRACTICE / TRY OUT ON THE FOLLOWING DATES AND TIMES:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
BOYS SOCCER	THUR.	SEPT.10	3:00 P.M.	AMITY M.S. FIELD
GIRLS SOCCER	THUR.	SEPT. 10	3:00 P.M.	AMITY M.S. FIELD
CROSS COUNTRY	THUR.	SEPT. 10	3:00 P.M.	AMITY M.S. FIELD

STUDENT-ATHLETE HANDBOOKS WITH THE NECESSARY FORMS WILL BE AVAILABLE FROM THE AMITY WEB PAGE AT [www.amityregion5.org](http://www.amityregion5.org) on the Athletics Link.

\*\*\* ALL STUDENT-ATHLETES MUST HAVE A COMPLETED ***PERMISSION FORM, EMERGENCY DATA FORM, AND VALID PHYSICAL EXAMINATION***, PRIOR TO THE ABOVE DATES TO PARTICIPATE.

\*\*\* PHYSICAL EXAMINATIONS ***MUST BE*** DATED AFTER ***NOVEMBER 30, 2008*** IN ORDER TO BE CONSIDERED VALID FOR THIS FALL SEASON