



Amity Regional School District #5 Athletic Department



Spartans

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PAUL D. MENGOLD, CAA
DIRECTOR OF ATHLETICS

TO: Parents/Guardians of Students Grades 9 – 12 (2009-2010)
FROM: Paul D. Mengold, Director of Athletics
DATE: June 10, 2009

Amity High School Fall Athletic Teams will begin 2009 Practice/Tryouts on the following dates and times:

<u>SPORT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
Football	Monday	Aug. 24	4:00 P.M.	Field House
Freshman Football	Monday	Aug. 24	4:00 P.M.	Field House
Cheerleading	Monday	Aug. 24	5:30 P.M.	Amity High School Gym
Cross-Country	Saturday	Aug. 29	8:00 A.M.	Amity High School Cafeteria
Field Hockey	Saturday	Aug. 29	8:30 A.M.	Amity High School Field
Boys Soccer	Saturday	Aug. 29	8:30 A.M.	Amity High School Field
Girls Soccer	Saturday	Aug. 29	8:00 A.M.	Center Field-Woodbridge
Girls Swimming	Monday	Aug. 31	9:30 A.M.	Orange Pool
Volleyball – Girls	Saturday	Aug. 29	8:00 A.M.	Amity High School Gym

STUDENT ATHLETE HANDBOOKS WITH THE NECESSARY FORMS ARE AVAILABLE FROM THE AMITY WEB PAGE AT www.amityregion5.org ON THE ATHLETICS LINK.

*** ALL STUDENT ATHLETES MUST HAVE THE FOLLOWING FORMS COMPLETED PRIOR TO THE ABOVE DATES TO PARTICIPATE.

- FORM #1 (2 PAGES) - PERMISSION TO PARTICIPATE AND TRAVEL
- FORM #2 - EMERGENCY DATA INFORMATION
- FORM #3 - ELIGIBILITY INFORMATION
- FORM#4 - MEDICAL PERMISSION TO PARTICIPATE SIGNED BY THE NURSE

PLEASE HAND IN ALL OF THE ABOVE FORMS AS A PACKET AT THE SAME TIME.

PHYSICAL EXAMINATIONS MUST BE DATED AFTER DECEMBER 1, 2009 TO BE CONSIDERED VALID FOR THIS COMING FALL SEASON.