



**AMITY REGIONAL SCHOOL  
DISTRICT NO. 5**

**STUDENT-ATHLETE  
HANDBOOK  
2004-2005**



*Spartans*

**Paul D.Mengold, C.A.A.  
Director of Athletics**

### **Amity Mission Statement**

To enable every Amity student to become a lifelong learner and a literate, caring, creative, and effective world citizen.

### **Amity Regional School District No. 5**

Michael Nast, Interim Superintendent of Schools  
Debra Farber, Interim Director of Pupil Personnel Services  
Sheila Wycinowski, Director of Curriculum & Staff Development  
Paul D. Mengold, Director of Athletics

### **Amity Regional Senior High School**

Edward Goldstone, Principal  
Robert Cole, Associate Principal  
Marietta Mattei, Associate Principal

### **Amity Regional Junior High School**

Richard Dellinger, Principal, Bethany Campus  
Susan Greene, Associate Principal Bethany Campus  
Robert Slie, Principal, Orange Campus  
Vicenta Gibbons, Associate Principal, Orange Campus

*We're on the Web: [amityregion5.org](http://amityregion5.org)*

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## INTRODUCTION

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The Amity Regional Athletic Department would like to extend an invitation to all students to participate in the many interscholastic athletic programs offered.

The material presented in this handbook contains information pertinent to policies, regulations, and rules of the Amity Regional School District #5, C.I.A.C., and the Southern Connecticut Conference.

The Amity Regional Athletic Department is concerned with the educational development of students and feels that a properly controlled, well-organized sports program will meet the students' need for self-expression, mental alertness, and physical growth.

Athletes are selected for Varsity, Junior Varsity, Freshman, or Junior High School teams based on their demonstrated abilities. The numerous programs are designed to accommodate as many students as possible. Unfortunately, deleting or "cutting" athletes from certain programs may become necessary due to various constraints.

Students who choose to participate in athletics are making a choice that requires self-discipline. For this reason, we place a strong emphasis on good training habits. Failure to comply with rules of training could affect an athlete's performance and contribution to the team. Students who do not adhere to these rules will be jeopardizing their participation in the program. They should be aware that involvement in athletics is a *privilege, not a right*.

Student-Athletes are role models for others and should constantly remember to set good examples for others.

*Paul D. Mengold, CAA*

*Director of Athletics*

## PHILOSOPHY

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The Amity Regional Athletic Department's mission is to provide a comprehensive diverse, wholesome, and dynamic program which is consistent with the basic philosophy of the Amity Regional School District.. As an integral part of a student's total education, Amity athletics makes a significant contribution to the personal growth and development of those involved.

Amity Regional is extremely proud of the success of its many programs but does not condone a "win at all costs" attitude. The purpose of the program is to ensure a positive experience for those students who choose to participate. It also is a goal to provide all student-athletes with an opportunity to learn the importance of ethical behavior, good sportsmanship, positive values, and a realization of their self worth.

The Amity Regional Athletic Department staff is a group of professionals who take great pride in their strong concern for the welfare of each athlete. They are cognizant of the tremendous influence of their position and strive to instill the highest ideals and character traits in our students.

## DESCRIPTION OF PROGRAM

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**Varsity Athletics:** Varsity athletic programs afford opportunities to those athletes who exhibit the greatest skills. These athletes will compete against equally talented athletes from opposing schools. The skills of Varsity athletes will be refined to provide Amity with the best win-loss record possible.

**Junior Varsity Athletics:** Junior Varsity athletic programs offer to those students who do not yet possess the skills required of Varsity athletes an opportunity to participate in a competitive setting. Junior Varsity athletes are in the process of gaining valuable knowledge, skill, and experience required for Varsity competition. Junior Varsity athletes may, on occasion, participate in Varsity contests. Decisions of this nature are based on the evaluation of the athletes' abilities, by the coaching staff, and are not absolute.

**Freshmen Athletics:** Freshmen athletic programs are designed to provide ninth-grade students with the opportunity to participate in an instructional yet competitive setting. These programs will teach basic skills of the sport and afford athletes an opportunity to gain valuable knowledge, skill development, and experience necessary for Junior Varsity competition.

Freshman athletes may, on occasion, participate in Junior Varsity or Varsity contests, respectively. Decisions of this nature are based on the evaluation of the athlete's abilities by the coaching staff. These decisions should not be misinterpreted as an absolute move to the next level of competition.

Please note that ninth-grade students participating in High School athletic programs may be required to miss classroom instructional time.

**Middle School Athletics:** Middle School athletic programs are designed to provide seventh and eighth-grade students with the opportunity to participate in activities which will assist in the development of self-esteem, high ideals, and physical fitness. These programs will teach the basic skills of the sport to students who may choose to pursue these activities in the future. The main objective is to insure that the competition is provided is educationally sound and without placing an overemphasis on "winning."

**NOTE: At all levels of competition, decisions relative to playing time are made by the coaching staff and are not absolute.**

#### **ATHLETIC DEPARTMENT POLICIES**

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**Participation:** Athletes may participate in only one sport program in a sport season. Athletes may not transfer team membership to another sport after they have been selected to a given team/sport.

**Tryouts:** Student-athletes will be encouraged to try out for various athletic teams. A three to five-day mandatory tryout period will be in effect for each team. Upon reaching the first contest date, as indicated by the C.I.A.C., currently enrolled students will not be allowed to gain membership to any team. (**Note: HS football and cheerleading tryouts occur during the spring of the preceding school year.**)

Athletes may not switch teams/programs after they have completed tryouts and have been selected as a member of a given team/program.

#### **Attendance – School and Class:**

1. You will attend all classes regularly and on time. Tardiness and cutting will not be tolerated.
2. You will not use your sport as an excuse to miss class or portions of class unless the team is departing early from school. In the case of early dismissal, teachers will be notified by the Director of Athletics and Coach.

3. Please refer to the Amity Regional Senior High School *Student Handbook* regarding student attendance and athletic participation.

Any violation of the aforementioned rules may lead to *dismissal from the team for the duration of the season or indefinite suspension*.

**Attendance – Practice and Games:** Attendance at all practice sessions/games (including tournament and vacation periods) for all team members is mandatory. If for some reason you will be absent or tardy for a practice/game, you must speak personally to a member of your team's coaching staff prior to that practice/game. Athletes are not permitted to leave practice/games early without prior approval of a member of the coaching staff. Athletes should be aware that high school contests may be scheduled or rescheduled for Saturdays (Sundays in the case of football).

**Dress Code:** The Athletic Department expects all student-athletes will maintain a clean, neat, and modest appearance. Appropriate shirts, tops, and shoes must be worn at all times. Bare midriffs are prohibited.

Any violation of the aforementioned rule may lead to *dismissal from the team for the duration of the season or indefinite suspension*.

## **ATHLETIC CODE OF CONDUCT**

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The community, school administration, and coaching staff believe high standards of conduct and citizenship are essential to a sound athletic program.

1. Athletes will conduct themselves as ladies or gentlemen at all times. Remember you are a representative of Amity High/Junior High School, your team, coach, and family.
2. Athletes will conduct themselves in an exemplary manner in school, the community, and on any campus which their team is visiting.
3. Acts of unacceptable conduct such as, but not limited to theft, vandalism, arrest, or any violation of the law, will result in disciplinary action.
4. Detentions/suspensions from school of any type will not be tolerated.

Any violation of the aforementioned rules may lead to *dismissal from the team for the duration of the season or indefinite suspension*.

## **TEAM CAPTAINS**

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The position of Captain is not just an honor but a privilege. This honor will require the utmost leadership knowing that the captain will be a role model for other team members. Student-athletes begin to hold the position of Captain when announced by the coach. Failure to comply with rules and regulations of the Athletic Department and Team may lead to dismissal as captain.

## **FIGHTING PRIOR, DURING, OR AFTER ATHLETIC CONTESTS**

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This type of behavior by Amity Regional athletes will not be tolerated for any reason. It does not matter if you are the victim of an unsportsmanlike act, if you are provoked or taunted, if you are verbally or physically abused, or any other set of circumstances.

The relevant question is, did you, the Amity athlete, actively participate in a fight, retaliate in a fight, or leave the bench or sideline to join a fight in progress? If the answer is *YES* to any part of this question, you, the athlete, will be subject to serious sanctions such as, but not limited to, suspension from school, team, and/or dismissal from the team.

## **MOOD ALTERING CHEMICAL USE – TOBACCO, ALCOHOL, DRUGS (illegal and non-prescription)**

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There will be absolutely no use or possession of any quantity of tobacco (including smokeless), alcohol, or illegal/non-prescription drugs (*including steroids*) or drug paraphernalia by an Amity athlete. Any individual who is observed violating this rule (either on or off campus) by an administrator, teacher, member of the coaching staff, or staff member will be subject to disciplinary action.

Any violation of the aforementioned rules may lead to *dismissal from the team for the duration of the season or indefinite suspension*.

## **TRAVEL**

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All athletes must travel to and from athletic contests in transportation provided by the Athletic Department.

1. Athletes will remain with their team and under the supervision of the coach.
2. Athletes who miss the bus will not be allowed to participate in any contest unless there are extenuating circumstances and with the coach's approval.

3. Parents will not transport athletes unless written requests are submitted to the Director of Athletics at least 48 hours prior to the contest for approval.
4. When transportation *is not provided to off-campus home venues, athletes may not transport other student-athletes* to any contests or practice sessions.

### **C.I.A.C./AMITY ELIGIBILITY RULES**

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#### **GRADE AVERAGE**

1. You must be enrolled in at least five (5) classes/units\* of work or the equivalent. \* A unit of work is defined as a course which meets five (5) times per week for credit. (P.E./Health *is not* a unit of work.)
2. You must have *passed at least four (4) units* or the equivalents at the last regular marking period with the exception of Fall eligibility (Rule I.A). Incomplete (inc.) grades *are not* considered to be passing grades.
3. *Marking period grades (not semester grades) are to be used in determining scholastic eligibility.*
4. For fall sports eligibility, a student must be a continuing student (eighth to ninth grade) or have received credit for four (4) units or its equivalent towards graduation at the conclusion of the school year preceding the contest (Rule I.A.).

#### **AGE RESTRICTIONS**

5. you must not be more than 19 years of age before July 1st of this school year (Rule II.B).

#### **TRANSFER RULE**

6. you must not have changed schools without a change of legal residence (Rule II.C. See complete rule for exceptions.).

#### **YEARS OF PARTICIPATION**

7. you must not have played the same sport for more than three (3) seasons in grades 10, 11, and 12 (Rule II.B).

#### **OUTSIDE PARTICIPATION**

8. you must not have *played or practiced* with an outside team in the same sport while a member of the school team during the CIAC season of that sport. (Rule II.E) (Grades 9 through 12).

The exception to Rule II.E shall be:

- a. participation in parent-child and caddy tournaments, and
- b. swimming, tennis, gymnastics – a pupil may practice but not compete with a non-C.I.A.C. team during the season.

#### **FALSE IDENTIFICATION**

- 9. you must not play under an assumed name on an outside team (Rule II.F).

#### **ECONOMIC GAIN**

- 10. you must not have received personal economic gain for participation in any C.I.A.C. sport (Rule II.F).

#### **C.I.A.C. / S.C.C. EJECTION POLICY**

If a player is ejected from a varsity, junior varsity, or freshman, league or non-league contest, he/she will be suspended for a *minimum* period of one contest at that level of play and all contests at any level played in the interim.

#### **“CAPTAIN’S PRACTICE”**

The C.I.A.C. and the Amity Regional School District *do not* in any way sanction or condone “Captain’s Practice” *in any sport*. “Captain’s Practice” may be a clear violation of C.I.A.C. Eligibility Rule II. D, and, therefore, is not permitted on any Amity Regional School District facility.

***COPIES OF C.I.A.C. RULES MAY BE OBTAINED FROM THE  
COACH OR ATHLETIC DEPARTMENT OFFICE***

#### **HAZING / INITIATIONS AND BULLYING**

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Hazing, initiations, or bullying of student-athletes by other team members ***are not acceptable***, and any practice of this type of behavior ***will not be tolerated***. Actions (such as but not limited to taunting, teasing, bullying, and harassment) of this type may be illegal, and those involved may be subject to police action as well as dismissal and/or suspension from participation in any athletic program.

## ATHLETIC DEPARTMENT INFORMATION

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### PERMISSION FORM

All candidates and their parents/guardians must complete the athletic department Permission to Participate form (which is enclosed in this handbook) and return it to their coach *before* they may *tryout* or participate in any practice sessions. There *will not* be any exceptions to this rule.

### PHYSICAL AND PRE PARTICIPATION EXAMINATIONS

1. Prior to the first tryout/practice session, all candidates for athletic teams are *required* to be examined by their family physician, a walk-in clinic physician, or the school physician.
2. Completed physical examination forms (or copies of) must be on file in the Health Office of the high school or junior high school prior to the first tryout/practice session.
3. The physical examination is valid for 365 days and must cover all athletes for the *entire sport season* (including tryout period) as specified by the CIAC.
4. Should the physical examination expire during the course of the sport season, the athlete will be required to be examined prior to the start of that sport season (including tryout period).

### PERFORMANCE ENHANCERS

The Amity Regional School District Athletic Department in no way endorses the use of “Creatine” or any other ergogenic aid. It is our position that student-athletes who wish to use these types of performance enhancing products should make that decision with their parents and family physician.

### INJURIES & ACCIDENT FORMS

All injuries sustained by an athletic team member are to be reported *immediately* to the coach or advisor in charge. This is the responsibility of the student. The second responsibility of the student is to report the injury to the Athletic Trainer and to complete and Accident Form.

Athletes with an illness or an injury sustained in an athletic event, physical education class, or any other activity, which requires a visit to a doctor, hospital, or primary care facility **must receive written clearance** by a physician in order to return to participation in Amity Athletic activities. Parents and students should, when necessary, seek care from their family physician, a specialist or the school physician. Clearance to return to participate **must be in written form** from a physician.

### **INSURANCE COVERAGE**

A plan of *Excess Insurance* covering interscholastic sports provides that valid claims for injuries received as a result of participating in interscholastic athletics will be paid on an *excess basis*. This *Excess Insurance Policy* will cover bills *after* a parent/guardian's health insurance has first applied. The Amity Regional School District covers only those *debts up to the limits* set forth in the *Excess* policy.

When an interscholastic sports injury occurs, obtain a claim form from the School Nurse; complete and submit the form with any bills showing credit received from your insurance company. No insurance forms will be provided unless an Accident Report is on file with the Health Office. Claims should be filed with 30 days and sent to:

Athletic Trainer	School Nurse	School Nurse
Amity Regional HS	Amity JHS Bethany	Amity JHS Orange

### **UNIFORMS AND EQUIPMENT**

Uniforms and equipment are on a *loan basis* and are to be worn *only* when authorized by the coach. Only uniforms issued by the Athletic Department will be permitted to be worn for contests. All uniforms and/or equipment are the responsibility of the athletes during the season and must be returned at the conclusion of the season. If *lost or stolen*, the replacement cost of the uniform/equipment will be assessed to the student.

### **ATHLETIC DEPARTMENT LOCKERS & LOCKER ROOMS**

During the season, student athletes should store and lock all valuables, clothing and equipment in a locker in their respective school locker rooms. Amity Regional School District will *not* be responsible for any lost or stolen property which is stored improperly.

### **DISCIPLINE**

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#### **SUSPENSION OR DISMISSAL FROM A TEAM**

At the beginning of each season, students will be informed by the coach of the types of behavior which may warrant suspension or removal from the team. Each case will be considered individually.

Parents, the Director of Athletics, and Building Principals will be notified by telephone as soon as possible after a student has been suspended or permanently removed from the team.

#### **ADDITIONAL TEAM/SPORT REGULATIONS**

Coaches may have additional regulations pertaining to their sport. These regulations will be discussed at the beginning of each season.

## **PROCEDURE FOR CONTACTING ATHLETIC DEPARTMENT PERSONNEL**

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1. Afford your son or daughter the opportunity to discuss the issue with their coach. Many times these types of meetings may resolve an issue or concern.
2. If your son or daughter's meeting with the coach did not resolve the issue, then call to set up an appointment to meet with the coach. The Amity Regional Athletic Department Office telephone number is 397-4839.
3. If the coach cannot be reached, call the Director of Athletics, and a meeting will be set up for you.
4. *Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.*
5. If the meeting with the coach did not provide a satisfactory resolution, call and set up an appointment to meet with the Director of Athletics to discuss the situation.
6. If the meeting with the Director of Athletics did not provide a satisfactory resolution, call and set up an appointment to meet with the building Principal to discuss the situation.
7. If your meeting with the building Principal did not provide a satisfactory resolution, submit a written detailed description of your issue or concern to the Athletic Review Committee in care of the district's Central Office. This information will be distributed to committee members for consideration and possible action.
8. If the Athletic Review Committee did not provide a satisfactory resolution, contact the office of the Superintendent of Schools to discuss the issue.

## **HIGH SCHOOL ATHLETIC AWARDS POLICIES**

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1. Varsity Letter Requirements: The varsity award shall be presented to an athlete who satisfies the participation requirements as list below, completes the season as a team member in good standing, and receives the recommendation of the coach. (The coach may recommend a waiver of these requirements under an unusual circumstance.)
  - A. Baseball/Softball: 1) play in one-fourth of all innings played; 2) pinch hit or pinch run in three-fourths of the games played; and 3) pitch in four starts or six game appearances.
  - B. Boys' and Girls' Basketball: participate in 50% of the quarters the contests played.

- C. Cheerleading: meet 90% of contest and practice requirements.
  - D. Boys' and Girls' Cross Country: score a point in a Varsity meet by placing in the top 5 runners or placing 6th or 7th and ahead of the #5 runner of an opponent.
  - E. Field Hockey: participate in 50% of games played.
  - F. Football: participate in 50% of games played and/or play a specialist position, e.g., punter, kick-off team, return team, punt team.
  - G. Golf: participate in the varsity team in at least 50% percent of the matches.
  - H. Ice Hockey: participate in 50% percent of the games played.
  - I. Boys' and Girls' Indoor Track: qualify for state competition.
  - J. Boys' and Girls' Lacrosse: participate in 50% of periods played.
  - K. Boys' and Girls Ski Racing: participate in two-thirds of all races as one of the official ten competitors.
  - L. Boys' and Girls' Soccer: participate in 50% of periods played.
  - M. Boys' and Girls' Swimming: 1) earn as many points as there are meets; 2) one point for each event entered plus actual place pts.
  - N. Boy's and Girls' Tennis: 1) earn as many points as there are matches 2) one point for playing and one additional point for winning.
  - O. Boys' and Girls' Track: qualify for the Varsity level conference championship.
  - P. Boy's and Girls' Volleyball: participation in 50% of games played.
  - Q. Wrestling: participation in 50% of matches or earn 50 wrestling points: pin: 6; decision: 3, 4, 5; and draw:
2. The season is defined as the period between the date officially designated by the C.I.A.C. as the beginning of the season for that sport and the close of the post season C.I.A.C. tournaments.
  3. A coach will have the prerogative to award varsity status to a senior who has not met the seasonal requirements.
  4. Injury Rule: any athlete who is a Varsity starter or plays in Varsity contests on a regular basis and becomes injured may be awarded a letter if in the coach's judgment he/she would have met the criteria.
  5. Junior Varsity and Freshman awards will be given on the recommendation of the coach to those athletes who complete the sport season in good standing.

## NCAA ELIGIBILITY

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To be eligible to play college sports at the Division I and II level, prospective students athletes must:

- Complete and sign a NCAA clearinghouse student release form and mail the white copy and fee to the NCAA clearinghouse.
- Give the yellow and pink copies of the clearinghouse form to your *guidance counselor* to forward.
- Have an official transcript mailed from any other high school attended.
- Have S.A.T. scores sent to the NCAA clearinghouse.

To be certified by the NCAA clearinghouse, a student must::

- Graduate from high school;
- Earn a grade point average of at least 2.0 on a 4.0 scale in a core curriculum of at least 14 academic core courses during grades 9 through 12
- Earn a sum score of at least 820 on the S.A.T. with a GPA of 2.5 or higher for *Division I* prospects. Students with a 2.0 GPA must earn a 1010 on the S.A.T.
- Earn a sum score of at least 820 on the S.A.T. with a GPA of 2.0 for *Division II* prospects.

*Note: Check with the NCAA website for additional information  
<http://www.ncaa.org>*

## SPECTATOR EXPECTATIONS

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1. Respect decision made by contest officials.
2. Refrain from taunting, booing, heckling, and the use of profanity in any manner.
3. Sit in the designated area assigned to each school.
4. Leaving a contest prior to its conclusion, with expectations of returning, may not be permitted.
5. Admission to this contest is not a license to verbally assault others or to be generally offensive.
6. The use of alcoholic beverages, drugs, and tobacco products are prohibited from any Amity campus.
7. Respect athletes, coaches, and fans.
8. ***Be a fan . . . not a fanatic.***

**Nondiscrimination/Equal Employment/Equal Education Opportunity**

In compliance with regulations of the Office of Civil Rights and with Equal Opportunity practices as determined by state and federal legislation, the Amity Board of Education, as a matter of policy, does not knowingly condone discrimination in employment, assignment, program or services, on the basis of race, gender, color, religion, national origin, age, sexual orientation, disability, or related abilities to perform the duties of the position.

The right of a student to participate fully in classroom instruction and extracurricular activities shall not be abridged or impaired because of race, gender, color, religion, national origin, age, sexual orientation, pregnancy, parenthood, marriage, or for any other reason not related to his/her individual capabilities.

**Sexual Harassment**

The Board of Education prohibits sexual harassment or intimidation of its students and employees.

Any student or employee who believes he or she has been the subject of discrimination/sexual harassment should contact the district's Equity/Title IX Coordinator or an administrator.

# *Amity Regional School District No. 5*

## **SPORTS PROGRAM**

### **Boys' Varsity Sports**

Baseball	Lacrosse
Basketball	Ski Racing
Cross Country	Soccer
Football	Swimming
Golf	Tennis
Ice Hockey	Track & Field
Indoor Track	Volleyball
Wrestling	

### **Boys' Sub-Varsity Sports**

Baseball*	Lacrosse
Basketball*	Soccer*
Cross Country	Track & Field*
Football	Volleyball
Wrestling	

### **Girls' Varsity Sports**

Basketball	Ski Racing
Cheerleading	Soccer
Cross Country	Softball
Field Hockey	Swimming
Indoor Track	Tennis
Lacrosse	Track & Field
Volleyball	

### **Girls' Sub-Varsity Sports**

Basketball*	Lacrosse
Cheerleading*	Soccer*
Cross Country	Softball*
Field Hockey	Track & Field*
Volleyball	

\* Denotes programs offered at the junior high school level

***We're on the Web: [www.amityregion5.org](http://www.amityregion5.org)***

2004-2005  
AMITY REGIONAL SCHOOL DISTRICT #5

*ATHLETIC PARTICIPATION FORM*

**\*\*PLEASE PRINT\*\***

NAME OF ATHLETE: \_\_\_\_\_ SPORT: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_

***PARENT / STUDENT***

Playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I/we understand that the dangers and risks of playing or practicing to play/participate in the above sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, general health and well-being-being. I/we understand that the dangers and risks of playing or practicing to play/participate in the above sport may result not only in serious injury, but in a serious impairment of future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above sport, I/we recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, etc., and to agree to obey such instructions.

In consideration of the Amity Regional School District permitting him/her to try out for the Amity Regional High School/Junior High School (indicate sport) \_\_\_\_\_ team and to engage in all activities related to the team, including, but not limited to, trying out, practicing or playing/participating in that sport, I/we hereby assume all the risks associated with participating and agree to hold the Amity Regional School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in Connecticut with (his/her) participation in any activities related to the Amity Regional High School/Junior High School team. The terms hereof shall serve as a release and assumption of risk for our heirs, estate, executor, administrator, assignees, and for all members of our family.

**2004-2005**  
**PERMISSION TO PARTICIPATE AND TRAVEL**

The undersigned as parent or guardians gives consent for the athlete identified herein to engage in athletics as a representative of Amity Regional High School/Junior High School and to accompany the team as a member on its many trips.

I, \_\_\_\_\_, am the parent/legal guardian of \_\_\_\_\_  
Parent/Guardian Name  
Student Name

I have read the warning and release and understand its terms. I understand that all sports can involve many **RISKS OF INJURY**, including, but not limited to, those risks outlined.

I also hereby acknowledge that I have read the Student-Athlete Handbook and understand the Athletic Rules and Regulations, and will adhere to all aforementioned guidelines.

Date: \_\_\_\_\_, 20\_\_\_\_  
Signature of Parent/Guardian

I, \_\_\_\_\_, have read the warning and release and understand  
Student  
its terms.

I understand that all sports can involve many **RISKS OF INJURY**, including, but not limited to, those risks outlined above.

I also hereby acknowledge that I have read the Student-Athlete Handbook and understand the Athletic Rules and Regulations, and will adhere to all aforementioned guidelines.

Date: \_\_\_\_\_, 20\_\_\_\_  
Signature of Student

\*This page **MUST BE** submitted to the coach **PRIOR** to the start of all tryout/practice sessions.\*

Yellow Form

**2004-2005  
AMITY REGIONAL SCHOOL DISTRICT #5  
ATHLETIC DEPARTMENT EMERGENCY DATA**

Birth Date: \_\_\_\_\_ Sport: \_\_\_\_\_ 2004-05 Grade: (Circle one) 7 8 9 10 11 12

Name: \_\_\_\_\_  
Last First Middle Home Telephone

Home Address: \_\_\_\_\_

**PLEASE COMPLETE THE FOLLOWING:**

Allergies to (stings, medications, food etc.): \_\_\_\_\_

Taking medication (please name): \_\_\_\_\_

Diabetic \_\_\_\_\_ Seizures \_\_\_\_\_ Date of last Tetanus Injection \_\_\_\_\_

Asthma \_\_\_\_\_ Does your child need Inhaler \_\_\_\_\_ Epi-pen \_\_\_\_\_ Benedryl \_\_\_\_\_

Mother's Name Employer & Business Address Business/Cell Phone

Father's Name Employer & Business Address Business/Cell Phone

Family Doctor: \_\_\_\_\_ Telephone: \_\_\_\_\_

Family Dentist: \_\_\_\_\_ Telephone: \_\_\_\_\_

Hospital Preference: \_\_\_\_\_ Telephone: \_\_\_\_\_

Please list below persons readily available whom we may call if parents are unavailable:

1. \_\_\_\_\_ Telephone: \_\_\_\_\_

2. \_\_\_\_\_ Telephone: \_\_\_\_\_

3. \_\_\_\_\_ Telephone: \_\_\_\_\_

You have my permission to take whatever action you deem necessary for the health and welfare of my child in case of an emergency.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

**IN CASE OF CHANGES IN THE ABOVE INFORMATION, PLEASE NOTIFY:**  
Coach, Athletic Trainer, and School Nurse

Green Form

**2004-2005  
AMITY REGIONAL SCHOOL DISTRICT #5**

***ATHLETIC DEPARTMENT  
PERMISSION TO PARTICIPATE IN  
HIGH SCHOOL/JUNIOR HIGH SCHOOL  
ATHLETIC PROGRAMS***

**2004-2005 Grade: (Circle one) 7 8 9 10 11 12**

\_\_\_\_\_ has had a physical examination on  
(Athlete's Name)

\_\_\_\_\_, and is eligible to participate in the  
(Date)

sport of \_\_\_\_\_ as of \_\_\_\_\_.  
(Date)

\_\_\_\_\_  
Signature of the School Nurse  
or  
Athletic Trainer

**NOTE**

**ATHLETE:** Bring this form to the *School Nurse or Athletic Trainer*.

**SCHOOL NURSE:** Return this form to the *Coach only*.

**COACH:** Return this form to the *Athletic Trainer*.

2004-2005  
AMITY REGIONAL SCHOOL DISTRICT #5

AMITY ATHLETE INFORMATION AND ELIGIBILITY  
\*\*PLEASE PRINT\*\*

2004-2005 Grade: (Circle one) 7 8 9 10 11 12 Sport \_\_\_\_\_

Name \_\_\_\_\_  
Last First Middle

Address: \_\_\_\_\_

Town: (Circle one) Bethany Orange Woodbridge Other: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Month Day Year

Home Phone: ( ) \_\_\_\_\_ Parent's Business/Cell Phone: ( ) \_\_\_\_\_

Guidance Counselor: \_\_\_\_\_

-----  
**TRANSFER STUDENTS (Complete this section)**

Previous School: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Sport(s) Participation: \_\_\_\_\_  
Fall Winter Spring

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**FOREIGN STUDENTS (Complete this section)**

Country: \_\_\_\_\_ High School Graduate \_\_\_\_ Yes \_\_\_\_ No

Circle One: Immigrating OR Non-immigrating

Exchange Program: \_\_\_\_\_

**ATHLETE:**  
**COACH:**

**Return this completed form to the Coach.**  
**Return this form to the Director of Athletics.**